

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## TECHNIQUE TRAYS

Power Lift Technique Trays and Reverse Technique Trays are designed to attach to the uprights of your racks. The trays allow the user to perform pulling movements from outside the rack, while focusing on form. The technique trays include a one piece formed steel wrap, a double pin design and trays that are built lower in the center (to provide a stationary pulling surface).

### KEY FEATURES:

- Adjustable
- Available on all racks
- Raises bar for technique training
- Double pin design fits into two laser cut safety slots for maximum strength and safety
- Solid one piece design formed from 1/2" steel offers smooth edges and minimal inside tolerance for accurate fit on 3" x 4" 7 ga. laser cut tubes, which supports the device
- Handles and grips to aid in adjustment
- Front safety shield keeps bumper from edge of tray and bar away from angled brace



### Overall Dimensions:

39 7/8" (L) x 16 1/32" (W) x 18 11/32" (H)  
150 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on items not specified.

### Part Number:

22002B



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